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Registered Nurse, Michigan

Work Address

Address

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Home

2431 Summit Ridge Drive NE
Grand Rapids, MI 49505

Education

Doctor of Philosophy, Nursing, PhD
Rutgers University

2013
Newark, NJ

Masters of Science in Nursing: Community Health Nursing, MSN
Minor in Nursing Administration
Wayne State University

1987
Detroit, MI

Bachelors of Science in Nursing, BSN
Nazareth College

1979
Kalamazoo, MI

Additional Education Experience

Telehealth Certificate
Old Dominion University
April 2021

Caritas Coach Education Program (CCEP)
Watson Caring Science Institute
June 2020

Developing Nurse Scientists Program
National Institutes of Health
April 2009

Parish Nurse Certificate
Saginaw Valley State University
2004

Current Professional Experience

Site Director, Pre-

University of Detroit Mercy at Aquinas College

Grand Rapids, MI

Past Professional Experience

Faculty Positions

Assistant Professor of Nursing 2011
University of Detroit Mercy at Aquinas College *Grand Rapids, MI*

Nursing Instructor 2006
University of Detroit Mercy at Aquinas College *Grand Rapids, MI*

Adjunct Professor 2005 - 2006
The University of Michigan - Flint *Flint, MI*

Adjunct Nursing Instructor 1996 - 2000, 2004 - 2005
Saginaw Valley State University *Saginaw, MI*

Nursing Instructor 1988 - 1993
The University of Michigan, Ann Arbor *Grand Rapids, MI*

Academic Administrative Positions

Chair, Pre-Licensure BSN Program 2012 - 2019
University of Detroit Mercy at Aquinas College *Grand Rapids, MI*

Chair, BSN Completion (BSNc) program 2014 - 2016
University of Detroit Mercy in West Michigan *Detroit, MI*

Project Coordinator, State of Michigan Nursing Grant 2005 - 2006
The University of Michigan - Flint *Flint, MI*

Nursing Service Administrative Positions

Program Director 1983 - 1987
Hospice of Greater Kalamazoo, Inc.
Kalamazoo, MI

Nursing Practice Positions

Keep, S., (2016). Physical activity: Like mother like daughter? *Michigan Journal of Public Health* Accepted for publication.

Keep, S., (2000). Practical jokers; Cheers; Kicking an addiction can be a pain in the rump. In M. Nowlin, & K. Miller.(Eds), *In a day in the life of Bay County 2000 project*, pp. 34,94. *Bay City Times*, Michigan.

Publications • Non-referred

Borner, S., Counsman (**Keep**), S., deGilling, B.L., Lewman, P., and Wills, M., (1998). High on Kalamazoo. In E. Hanchett (Ed.), *Nursing frameworks and community as client: bridging the gap*, pp. 151-165 , East Norwalk, Connecticut: Appleton and Lange Publishing Co.

Keep, S. (2020, September). Working with Michigan BSN students on Covid-19 tracing. *The Future of Nursing*. ANA-MI.

Keep, S., & Keep, P. (2014, September 11). Add health coverage for healthier readership. *The Bulletin*, Michigan Press Association.

Keep, S., (2014, June 24). Remaining physically active important for healthy lifestyle. *The Grand Rapids Press*.

Keep, S., (2014) Peers against diabetes. Leap Project,
<http://uwosh.edu/phnnursingstudentprojects>

Keep, S., (2014, February). Don't put off your colonoscopy. *The Grand Rapids Press*.

Keep, S., (2013, June 28). Swimmer's itch: nasty parasite. *The Grand Rapids Press*.

Keep, S., (2013, March 24). Properly dispose of expired meds. *The Grand Rapids Press*.

Keep, S., (2009, January 20). Obesity can't be ignored. *The Muskegon Chronicle*.

Oral Presentations

International

Keep, S., (2020, October 22). Introducing Watson Caring Science to freshmen nursing students. 26th International Caritas Consortium, (virtual).

Keep, S. (2013, May). *Factors affecting commitment to a plan of physical activity among Hispanic mothers and their daughters*. Sigma Theta Tau, Lambda Zeta Chapter, UDM, Detroit, Michigan.

Keep, S. (2009). *University of Detroit Mercy honor code study results*. Natural Sciences, Mathematics and Nursing Division at Aquinas College.

Keep, S. (2008). *Courage and innovation proposal and poster workshop for RNs Mercy Health Partners, Muskegon, MI*.

Poster Presentations (oral)

International

Keep, S., & Razmus, I.S. (2023, July 1-5). *Feet: taking it to the streets*. International Council of Nurses Congress, Montreal, Canada.

Razmus, I.S., & **Keep, S.** (2023, June 4-7, 2023). *Put the toes back in head-to-toe assessment*. Wound, Ostomy, and Continence Nurses Society, WOCNEXT@2023 What's New. What's Needed. What's Next™ Las Vegas, Nevada

Razmus, I.S., & **Keep, S.** (2022, June 7). *Neonatal intensive care nursing pressure injury prevention practices: A descriptive survey*. Wound, Ostomy, and Continence Nurses Society, WOCNEXT® A Global Education Event, Fort Worth, Texas.

National

Keep, S., & Razmus, I.S. (2023, June 4-8). *Creating academic partnerships to promote foot care among vulnerable populations*. Association Community Health Nurse Educators and Association of Public Health Nurses Joint Conference. Mission Valley, San Diego, California.

Keep, S., Kuyten, M., & DeSantiago, D. (2017, September 18-20). *Department of Health and Human Services Migrant Outreach Specialists in Collaboration with Nursing Students, Assess Health Perceptions: Effect of Sun Exposure to Eyes and Health Care Needs of Migrant Workers*. The National Center for Farmworker Health (NCFH) in Grand Rapids, MI

Keep, S. (2017, June 10). *Health beliefs of farmworkers in rural Michigan*. Association of Community Health Nursing Educators Annual Institute, Baltimore, MD.

Keep, S. (2016, June 4). *Community health nursing faculty/local health department administrators collaborate to increase student knowledge of community/public health nursing*. Association of Community Health Nursing Educators/American Public Health Association, Public Health Nursing Section, Joint Meeting, National Convention in Indianapolis, Indiana.

Regional

Keep, S., Moran, K., & Cruikshanks, D. (2019, March 22). *Understanding how biology and environment affect psychological health in college students: An interprofessional approach*. 2019 Ruth K. Palmer Symposium: The Intersection of Research and Health, Translation, Innovation, Collaboration, and Engagement. Marcella Niehoff Scholl of Nursing, Loyola University, Maywood, Illinois.

Keep, S. Health Beliefs of Migrant Workers in West Michigan Poster presentation Region 10, 2016: Bridging Nursing Leadership and Research- Innovations in Health Care Conference in Ann Arbor MI, April 15, 2016.

Keep, S.,

Keep, S. (2015, April 14). *Factors affecting commitment to a plan of physical activity among Hispanic mothers and their daughters*. UDM Celebration of Scholarly Achievement.

Keep, S. (2014). *Factors affecting commitment to a plan of physical activity among low-income Hispanic moms and daughters*.

Grants and Awards

Keep, S. (April 1, 2023). National Academies of Practice Fellow Induction, Washington

Keep, S. (2012). Factors affecting commitment to a plan of physical activity among Hispanic mothers and their daughters (Ph.D. study). Sigma Theta Tau, Lambda Zeta Chapter: \$500.00 scholarship.

Keep, S. (2012). Factors affecting commitment to a plan of physical activity among Hispanic mothers and their daughters (Ph.D. study). Dean's Scholarship Award: \$1,500

Keep, S. (2009). Aprons for nursing students to provide foot care for the homeless. University of Detroit Mercy Mini-grant: \$250.00

Keep, S. (2010-2013). Professional nurse traineeship award. Rutgers, The State University of New Jersey.

Keep, S. (1985-1986). Professional nurse traineeship award. Wayne State University, Michigan: \$1,000

Professional Activities

Current Activities

President - Elect

2021 - 2023

Michigan Public Health Association (MPHA)

Program Planning Committee, Member

2022 - Present

Public Health Nursing Section - Michigan Public Health Association

Midwestern Member-at-Large

2021 - Present

Association of Community Health Nursing Educators

Membership Committee, Member

2021 - 2022

American Nurses Association - MI

MPHA Bylaws Committee, Member

2020

**Networks of Support Virtual Meet Ups, Moderator
2020 - 2021**

American Nurses Association - MI

**MPHA Policy Committee, Member
2017 - 2018**

**Regional Perinatal Alliance Committee, Member
2017 - Present**

**Midwest Inter-Professional Practice, Education and Research Committee Member
2014 – Present**

Previously - West Michigan Inter-professional Education Initiative Committee

**Academic Practice Partnerships, Chairperson
2012 - Present**

Michigan

Past Activities

**Program Committee, Chair
2018 - 2022**

Michigan Public Health Association - Public Health Nursing Section

**CCEP Coach
June 2020**

Caring Science

**Region 3, President
2018**

2017 -

American Nurses Association - MI

**Program Committee, Chair
2012 - 2018**

Michigan Public Health Association - Public Health Nursing Section

**Secretary and Executive Committee Member
2015 - 2017**

Michigan Public Health Association - Public Health Nursing Section

Professional Affiliations & Memberships

American Association of Nurses - MI, Membership, Bylaw Committee Present	2013 -
American Association of Nurses - MI, Director – 2021	2019
Pine Rest Hospital, Board Member <i>Grand Rapids, Michigan</i>	2014 - 2017
Michigan Public Health Association, Board Member Present	2013 -
Pine Rest Foundation, Board member <i>Pine Rest Psychiatric Hospital - Grand Rapids, MI</i>	2011 – 2017
<u><i>Community Service</i></u>	
Biometric Assessments - Special Olympics, RN Volunteer	2022
COVID-19 vaccinations, RN Volunteer <i>Helen DeVos Place, MI</i>	2021
Health Assessments - middle school athletes, RN Volunteer <i>Grand Rapids Public Schools</i>	2018
Grand Rapids Urban Tree Forester	2016
Assessing for Ptygerium in Migrant Farmworkers <i>Ottawa County, MI</i>	2015
Christian Nursing Association 2014 <i>Prayer walk at Heartside in Grand Rapids, MI</i>	
Illinois Bone and Joint Institute <i>Hot chocolate 15K/5K in Chicago, Illinois</i>	2010
Grand Rapids Press <i>Nursing Column Coordinator/Editor</i>	2009– 2015
American Cancer Society Hope Lodge <i>Prepared meal for families with UDM-AQ faculty</i>	2008
Knitted Scarves for African Mothers incarcerated in Africa	2008

Michigan Community Blood - Moonlit Miles for Marrow – 2017 <i>Zombie dashes - International courier for bone marrow</i>	2006
Grand Rapids Area Health Ministry Consortium – 2010 <i>Heartside Ministries foot care</i>	2006
Muskegon Chronicle Seaway Run	2006 – 2009
God's Kitchen <i>Serving meals to houseless populations in Grand Rapids, MI</i>	2006